

BIO-IDENTICAL HORMONES

Many women approaching menopause have disruption of their normal hormone patterns for years before their periods actually stop. These women are not only miserable but often frustrated after being told “everything’s normal” and no treatment options are available. We understand these subtle changes and have years of experience in returning our patients to “normal”.

For women who are at or near menopause we offer many options for treating their symptoms safely and effectively with bio-identical hormone therapy. Despite the scary news about hormone therapy, there is ample evidence that using hormones identical to those the body produces don’t increase a woman’s risk of breast cancer or other complications. The key to doing this is using appropriate bio-identical hormones administered through the skin rather than by mouth and using the lowest effective dose. Rather than suffering needlessly with hot flashes, insomnia, vaginal dryness and other symptoms, let us sit down with you and explain the benefits only bio-identical hormones can provide.